Example Residential Activity Timetable (sample only)

Sample Monday timetable

	Juniors		Intermediates						Teens							
Group	**A**	**B**	**C**	**D**	**E**	**F**	**G**	**H**	**I**	**J**	**K**	**L**	**M**	**N**	**O**	**P**
8:30 - 10:00	Breakfast															
Activity 1 **10:00-11:30**	Outward Bounds			Scuba	Quad bikes		Art - Soap Making	Cookery Recipe A	Hockey & Rifles		Art - Soap Making	Cookery Recipe A	Drama		Rounders & Rugby	
Activity 2 **11:30-13:00**				Football & Rifles	Scuba	Hockey & Rifles	Football & Rifles	Hockey & Rifles	Basketball & Lacrosse	Cookery Recipe A	Rounders & Rugby		Quad bikes		Drama	
13:00 - 14:00	Lunch															
Activity 3 **14:00-15:30**	Hockey & Rifles	Scuba	Rifles & Hockey	Outward Bounds			Rounders & Rugby		Cookery Recipe A	Basketball & Lacrosse	Drama		Football & Rifles		Quad bikes	
Activity 4 **15:30-17:00**	Art - Soap Making	Cookery Recipe A	Art - Salt Dough				Scuba	Art - Soap Making	Quad bikes		Hockey & Rifles		Rounders & Rugby		Football & Rifles	
17:00 -18:00	Free time and phoning home															
18:00 - 19:30	Dinner															
19:30 - 21:30	Initiative games		Boot camp						Wide Game							
21:00	Bed															
22:00			Bed													
23:00									Bed							

Sample Thursday timetable

	Juniors	Intermediates		Teens			
Group	**A**	**B**	**C**	**D**	**E**	**F**	**G**
8:30 - 10:00	Breakfast						
Activity 1 **10:00-11:30**	Quad bikes	Swimming		Taekwondo		Archery & Cricket	
Activity 2 **11:30-13:00**	Taekwondo		Fencing	Archery & Cricket		Swimming	
13:00 - 14:00	Lunch						
Activity 3 **14:00-15:30**	Swimming	Archery & Cricket		Outward Bounds		Taekwondo	
Activity 4 **15:30-17:00**	Archery	Outward Bounds	Taekwondo	Swimming		Fencing	
17:00 -18:00	Free time and phoning home						
18:00 - 19:30	Dinner						
19:30 - 21:30	Movie Night	Murder Mystery		Casino			
21:00	Bed						
22:00		Bed					
23:00				Bed			