

Sample XUK Activity Camp Timetable*

*subject to change each week



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	
Rest & Recuperation	Raft Building & Racing	Street Dance	Sightseeing & Shopping trip to Oxford	Beach Party	Football Golf	Shelter Building	
		Water Zorbing			Volcanoes & Slime	Tie Dye T-Shirts	
Lunch & Free Time	Lunch & Free Time	Lunch & Free Time		Lunch & Free Time	Lunch & Free Time		
Welcome Games	Choose from: Rugby Acapella Pond Dipping Netball	Choose from: American Football Musical Theatre Drone Flying		Optional Extra Trip: Aqua Park	Choose from: Hockey Friendship Bracelets Fire Making	Choose from: Rounders Zumba Show Decorations Tennis	Choose from: Cricket Yoga Swimming Dodgeball
	Choose from: Volleyball Debating Water Zorbing Table Tennis	Choose from: Lacrosse Cheerleading Crystal Growing			Choose from: Athletics Mindfulness Colouring Sign Language	Choose from: Water Polo Just Dance Handball Nature Walk	Choose from: Fitness Song Writing Pom Poms Indian Dance
Dinner & Free Time	Dinner & Free Time	Dinner & Free Time		Dinner & Free Time	Dinner & Free Time	Dinner & Free Time	Dinner & Free Time
Initiative Games	Dragons Den	Scavenger Hunt		XUK Musical	Movie Night	Zombie Run	Cool Runnings
Free Time & Bed	Free Time & Bed	Free Time & Bed		Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed

Optional Extra Trip: London (Sightseeing & West End Show)

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Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time
Rest & Recuperation	Quad Biking	Outdoor Cookery	Sightseeing & Shopping trip to Warwick	Wet 'n' Wild	Problem Solving	Drone Racing
	Hammer & Nail Art	Rifles & Cricket			Fire Building	Drama Workshop
Lunch & Free Time	Lunch & Free Time	Lunch & Free Time		Lunch & Free Time	Lunch & Free Time	Lunch & Free Time
Welcome Games	Choose from: Rugby Acapella Pond Dipping Netball	Choose from: American Football Musical Theatre Drone Flying		Choose from: Hockey Friendship Bracelets Fire Making	Choose from: Rounders Zumba Show Decorations Tennis	Choose from: Cricket Yoga Swimming Dodgeball
	Dorm Time	Choose from: Volleyball Debating Water Zorbing Table Tennis				
Dinner & Free Time		Dinner & Free Time		Dinner & Free Time	Dinner & Free Time	Dinner & Free Time
Initiative Games	Staff Vs. Kids	Scrapheap Challenge		XUK Olympics	Movie Night	Crystal Maze
Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed

Optional Extra Trip: Theme Park