

Sample XUK Activity Camp Timetable*

*subject to change each week



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY													
Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time	Breakfast & Free Time													
Rest & Recuperation	Raft Building & Racing	Street Dance	Sightseeing & Shopping trip to Oxford	Beach Party	Football Golf	Shelter Building													
		Water Zorbing				Volcanoes & Slime	Tie Dye T-Shirts												
Lunch & Free Time	Lunch & Free Time	Lunch & Free Time		Lunch & Free Time	Lunch & Free Time	Lunch & Free Time													
Welcome Games	Choose from:			Optional Extra Trip: Aqua Park	Choose from:		Choose from:												
	Rugby	Acapella			Pond Dipping	Netball	American Football	Musical Theatre	Drone Flying	Hockey	Friendship Bracelets	Fire Making	Rounders	Zumba	Show Decorations	Tennis	Cricket	Yoga	Swimming
Dorm Time	Choose from:				Choose from:		Choose from:		Choose from:										
	Volleyball	Debating	Water Zorbing		Table Tennis	Lacrosse	Cheerleading	Crystal Growing	Athletics	Mindfulness Colouring	Sign Language	Water Polo	Just Dance	Handball	Nature Walk	Fitness	Song Writing	Pom Poms	Indian Dance
Dinner & Free Time	Dinner & Free Time	Dinner & Free Time	Dinner & Free Time		Dinner & Free Time	Dinner & Free Time	Dinner & Free Time												
Initiative Games	Dragons Den	Scavenger Hunt	XUK Musical		Movie Night	Zombie Run	Talent Show & Disco												
Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed	Free Time & Bed													

Optional Extra Trip: London (Sightseeing & West End Show)

