

XUK Activity

Sample Timetable*



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|-----------------------|---|---|---------------------------------------|--|---|---|---|
| Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | |
| Rest & Recuperation | Raft Building & Racing | Tie Dye T-Shirts Water Zorbing | Sightseeing & Shopping trip to Oxford | Beach Party | UV Sport | Bush Craft | |
| Lunch & Free Time | Lunch & Free Time | Lunch & Free Time | | Lunch & Free Time | Outdoor Cookery | Bollywood Dance | |
| Welcome Games | Choose from: Rugby Acapella Aqua Aerobics Netball | Choose from: American Football Musical Theatre Water Colour Painting | | Choose from: Hockey Friendship Bracelets Just Dance | Optional Extra Trip: London (Sightseeing & West End Show) | Choose from: Rounders Zumba Show Decorations Tennis | Choose from: Cricket Yoga Swimming Dodgeball |
| | Dorm Time | Choose from: Volleyball Debating Water Zorbing Table Tennis | | Choose from: Lacrosse Cheerleading Meditation | | Optional Extra Trip: Aqua Park | Choose from: Athletics Mindfulness Colouring Sign Language |
| Dinner & Free Time | Dinner & Free Time | Dinner & Free Time | | Dinner & Free Time | Dinner & Free Time | Dinner & Free Time | Dinner & Free Time |
| Initiative Games | Dragons Den | Scavenger Hunt | XUK Musical | Around the Camp in 80 Minutes | Zombie Run | Talent Show & Disco | |
| Free Time & Bed | Free Time & Bed | Free Time & Bed | Free Time & Bed | Free Time & Bed | Free Time & Bed | Free Time & Bed | |

*Activities on offer **will vary** weekly. This timetable gives you an **idea** of the type of activities that may be on offer during your child's stay.

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Sample Timetable*



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|-----------------------|-----------------------|-----------------------|--|-----------------------|-----------------------|-----------------------|-----------------|
| Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | Breakfast & Free Time | |
| Rest & Recuperation | Paddle Boarding | Drama Workshop | Sightseeing & Shopping trip to Worcester | Wet 'n' Wild | Hammer & Nail Art | Rifles & Volleyball | |
| | | UV Nerf Battle | | | | Outdoor Cookery | Problem Solving |
| Lunch & Free Time | Lunch & Free Time | Lunch & Free Time | | Lunch & Free Time | Lunch & Free Time | Lunch & Free Time | |
| Welcome Games | Choose from: | | | Choose from: | | Choose from: | |
| | Rugby | Acapella | | Aqua Aerobics | Netball | American Football | Musical Theatre |
| Dorm Time | Choose from: | | | Choose from: | | Choose from: | |
| | Volleyball | Debating | Water Zorbing | Table Tennis | Lacrosse | Cheerleading | Meditation |
| Dinner & Free Time | Dinner & Free Time | Dinner & Free Time | Dinner & Free Time | Dinner & Free Time | Dinner & Free Time | Dinner & Free Time | |
| Initiative Games | Staff Vs. Kids | Scrapheap Challenge | XUK Olympics | Summer Fete | Crystal Maze | Talent Show & Disco | |
| Free Time & Bed | Free Time & Bed | Free Time & Bed | Free Time & Bed | Free Time & Bed | Free Time & Bed | Free Time & Bed | |

Sightseeing & Shopping trip to Worcester

Optional Extra Trip: Theme Park

Optional Extra Trip: Go Karting & Laser Quest

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