

Adventure



Sample Timetable*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
Breakfast & Free Time										
Rest & Recuperation	Mountain Biking	Trip to Felixstowe (seaside)	Bush Craft & Archery	Trip to Cambridge	Kayaking Windsurfing	Rifle Shooting & Boot Camp				
Lunch & Free Time					Lunch & Free Time					
Welcome Activities	Afternoon Choices		Afternoon Choices		Afternoon Choices		Afternoon Choices			
	Football	Tie Dye T-shirts	Musical Theatre		Debating	Optional Extra: English Lessons	Basketball	Pizza	Just Dance	Fitness
Dorm Time	Tennis	Red Velvet Cupcakes	Zumba	XUK Newspaper	Optional Extra: English Lessons		Volleyball	Dream Catchers	Improvisation	Mindfulness Colouring
	Dorm Time & Dinner	Dinner & Free Time								
Initiative Games		Lip Sync Battle	"I'm a Camper, get me out of here!"	Colour War	Summer Fete	Dragons Den	Talent Show & Disco			
Bed Time										

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Sport



Sample Timetable*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
Breakfast & Free Time											
Rest & Recuperation	Badminton	Trip to Felixstowe (seaside)	Athletics	Trip to Cambridge	Tennis	Football					
	Rugby		Volleyball		Cricket	Tournaments					
Lunch & Free Time					Lunch & Free Time						
Welcome Activities	Afternoon Choices		Afternoon Choices		Afternoon Choices		Afternoon Choices				
	Football	Tie Dye T-shirts	Musical Theatre		Debate	Optional Extra: English Lessons	Basketball	Pizza	Just Dance	Fitness	Optional Extra: English Lessons
Dorm Time	Tennis	Red Velvet Cupcakes	Zumba		XUK Newspaper		Optional Extra: English Lessons	Volleyball	Dream Catchers	Improvisation	
	Afternoon Choices		Afternoon Choices		Afternoon Choices			Afternoon Choices			
Dorm Time & Dinner		Dinner & Free Time									
Initiative Games	Lip Sync Battle	"I'm a Camper, get me out of here!"	Colour War		Summer Fete	Dragons Den	Talent Show & Disco				
Bed Time											

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Dance & Drama

Sample Timetable*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
Breakfast & Free Time										
Rest & Recuperation	Drama Games	Trip to Felixstowe (seaside)	Comedy Workshop	Trip to Cambridge	Script Writing	Voice Projection Workshop				
	Jazz Dance		Hip Hop Dance		Contemporary Dance	Rehearsals				
Lunch & Free Time					Lunch & Free Time					
Welcome Activities	Afternoon Choices		Afternoon Choices		Afternoon Choices		Afternoon Choices			
	Football	Tie Dye T-shirts	Musical Theatre		Debating	Optional Extra: English Lessons	Basketball	Pizza	Just Dance	Fitness
Dorm Time	Tennis	Red Velvet Cupcakes	Zumba		XUK Newspaper		Optional Extra: English Lessons	Volleyball	Dream Catchers	Improvisation
	Dorm Time & Dinner	Afternoon Choices		Afternoon Choices		Afternoon Choices		Afternoon Choices		
Dinner & Free Time										
Initiative Games	Lip Sync Battle	"I'm a Camper, get me out of here!"	Colour War	Summer Fete	Dragons Den	Talent Show & Disco				
Bed Time										

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Media

Sample Timetable*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday														
Breakfast & Free Time																				
Rest & Recuperation	Introduction to Photography	Trip to Felixstowe (seaside)	Portrait Photography	Trip to Cambridge	Landscape Photography	Newspaper Articles														
	Photography Scavenger Hunt		Adobe Editing		Adobe Editing	Light Drawing														
Lunch & Free Time					Lunch & Free Time															
Welcome Activities	Afternoon Choices		Afternoon Choices		Afternoon Choices		Afternoon Choices													
	Football	Tie Dye T-shirts	Musical Theatre	Debating	Optional Extra: English Lessons	Basketball	Pizza	Just Dance	Fitness	Optional Extra: English Lessons	Colour War	Rounders	Animal Collage	Comedy Workshop	Gaga	Optional Extra: English Lessons	Lacrosse	Sushi	Bollywood Dance	Logic Puzzles
Dorm Time	Tennis	Red Velvet Cupcakes	Zumba	XUK Newspaper		Volleyball	Dream Catchers	Improvisation	Mindfulness Colouring			Hockey	Brownies	Street Dance	Landscape Photography		Rugby	Friendship Bracelets	Acapella	Yoga
	Dorm Time & Dinner	Dinner & Free Time																		
Initiative Games	Lip Sync Battle	"I'm a Camper, get me out of here!"	Colour War	Summer Fete	Dragons Den	Talent Show & Disco														
Bed Time																				

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Cookery

Sample Timetable*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
Breakfast & Free Time											
Rest & Recuperation	Introduction	Trip to Felixstowe (seaside)	Baking: Garlic Focaccia & Cheese Straws	Trip to Cambridge	Pasta: Mushroom Ravioli	Desserts: Panna Cotta with Strawberry Coulis					
	Soups & Starters: Carrot & Coriander Soup & Spring Rolls										
Lunch & Free Time				Lunch & Free Time							
Welcome Activities	Afternoon Choices		Afternoon Choices		Colour War	Afternoon Choices		Afternoon Choices			
	Football	Tie Dye T-shirts	Musical Theatre	Debating		Optional Extra: English Lessons	Basketball	Pizza	Just Dance	Fitness	Optional Extra: English Lessons
Dorm Time	Tennis	Red Velvet Cupcakes	Zumba	XUK Newspaper	Optional Extra: English Lessons		Volleyball	Dream Catchers	Improvisation	Mindfulness Colouring	
	Dorm Time & Dinner	Afternoon Choices		Afternoon Choices		Optional Extra: English Lessons	Rounders	Animal Collage	Comedy Workshop	Gaga	Optional Extra: English Lessons
Initiative Games		Lip Sync Battle	"I'm a Camper, get me out of here!"	Colour War	Summer Fete		Dragons Den	Talent Show & Disco	Hockey	Brownies	
	Rugby					Friendship Bracelets			Acapella	Yoga	Optional Extra: English Lessons
Bed Time											

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