

# Outdoor & Adventure



## Sample Timetable\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																
Breakfast & Free Time																						
Departures & Rest / Recuperation	Fire lighting & Outdoor Cookery	Egg drop & First Aid	Bush Craft & Shelter Building	Themed XUK morning	Axe Throwing & Archery	Boot Camp																
Lunch & Free Time																						
Rest / Recuperation & Choice Activities	Afternoon Choices		Afternoon Choices		Afternoon Choices		Afternoon Choices															
	Football	Tie Dye T-shirts	Musical Theatre	Debating	Optional Extra: English Lessons	Basketball	Pizza	Just Dance	Fitness	Optional Extra: English Lessons	Trip to Salisbury	Afternoon Choices		Afternoon Choices		Afternoon Choices						
Arrivals & Choice Activities	Tennis	Red Velvet Cupcakes	Zumba	XUK Newspaper		Volleyball	Dream Catchers	Improvisation	Mindfulness Colouring			Optional Extra: English Lessons	Improv workshop	Board Games	Football	Hockey	Brownies	Street Dance	Landscape Photography	Optional Extra: English Lessons	Lacrosse	Sushi
Dinner & Free Time																						
Welcome & Initiative Games	Lip Sync Battle	"I'm a Camper, get me out of here!"	Summer Fete	Quiz Night	Dragons Den	Talent Show & Disco																
Bed Time																						

\*Activities on offer **vary** weekly. This timetable gives an **idea** of activities that **may** be on offer during your child's stay.

# Sport



## Sample Timetable\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																		
Breakfast & Free Time																								
Departures & Rest / Recuperation	Badminton	Athletics	Basketball	Themed XUK morning	Tennis	Football																		
	Rugby	Water Polo	Wall Climbing		Cricket	Tournaments																		
Lunch & Free Time																								
Rest / Recuperation & Choice Activities	Afternoon Choices		Afternoon Choices		Afternoon Choices		Afternoon Choices																	
	Football	Tie Dye T-shirts	Musical Theatre	Debating	Optional Extra: English Lessons	Basketball	Pizza	Just Dance	Fitness	Optional Extra: English Lessons	Trip to Salisbury		Rest & Recouperate	Water Polo	Debating	Rounders	Animal Collage	Comedy Workshop	Gaga	Optional Extra: English Lessons	Lacrosse	Sushi	Bollywood Dance	Logic Puzzles
Arrivals & Choice Activities	Tennis	Red Velvet Cupcakes	Zumba	XUK Newspaper		Volleyball	Dream Catchers	Improvisation	Mindfulness Colouring				Optional Extra: English Lessons	Improv workshop	Board Games	Football	Hockey	Brownies	Street Dance		Landscape Photography	Optional Extra: English Lessons	Dorm Time	
Dinner & Free Time																								
Welcome & Initiative Games	Lip Sync Battle	"I'm a Camper, get me out of here!"	Summer Fete	Quiz Night	Dragons Den	Talent Show & Disco																		
Bed Time																								

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# Creative Media



## Sample Timetable\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																	
Breakfast & Free Time																							
Departures & Rest / Recuperation	Dance workshop: Bollywood & Jazz	Photography & Social Media	Art & Craft: Graffiti & Oil Pastels	Themed XUK morning	Musical Theatre workshop	Outdoor Cookery & Leaf drawing																	
Lunch & Free Time																							
Rest / Recuperation & Choice Activities	Afternoon Choices		Afternoon Choices		Afternoon Choices		Afternoon Choices																
	Football	Tie Dye T-shirts	Musical Theatre	Debating	Optional Extra: English Lessons	Basketball	Pizza	Just Dance	Fitness	Optional Extra: English Lessons	Trip to Salisbury	Rest & Recouperate	Water Polo	Debating	Rounders	Animal Collage	Comedy Workshop	Gaga	Optional Extra: English Lessons	Lacrosse	Sushi	Bollywood Dance	Logic Puzzles
Arrivals & Choice Activities	Tennis	Red Velvet Cupcakes	Zumba	XUK Newspaper		Volleyball	Dream Catchers	Improvisation	Mindfulness Colouring			Optional Extra: English Lessons	Improv workshop	Board Games	Football	Hockey	Brownies	Street Dance		Landscape Photography	Optional Extra: English Lessons	Dorm Time	
Dinner & Free Time																							
Welcome & Initiative Games	Lip Sync Battle	"I'm a Camper, get me out of here!"	Summer Fete	Quiz Night	Dragons Den	Talent Show & Disco																	
Bed Time																							

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