

XUK Activity

Sample Timetable*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast & Free Time					Breakfast & Free Time	
Departures & Rest / Recuperation	Tie Dye T-Shirts	Baking	Olympics	Bollywood Dance	XUK Obstacle Course	Bush Craft
	Water Zorbing	Trampoline workshop	Comedy Workshop	Escape Room		
Lunch & Free Time					Lunch & Free Time	
Rest / Recuperation & Choice Activities	Choose from:		Choose from:		Choose from:	
	Rugby	Acapella	Aqua Aerobics	Netball	American Football	Musical Theatre
Arrivals & Choice Activities	Choose from:		Choose from:		Choose from:	
	Volleyball	Debating	Water Zorbing	Table Tennis	Lacrosse	Cheerleading
Dinner & Free Time					Dinner & Free Time	
Welcome & Initiative Games	Dragons Den	Scavenger Hunt	XUK Musical	Quiz night	Zombie Run	Talent Show & Disco
Free Time & Bed						

Trip to Salisbury

Optional Extra Trip: London (Sightseeing & West End Show)

*Activities on offer vary weekly. This timetable gives an idea of activities that may be on offer during your child's stay.